



## **Technical Bulletin #2009-01**

**To:** All AMA Pro Motocross Competitors  
**Date:** April 15, 2009  
**Effective Date:** Immediately  
**Subject:** Helmet Certification

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### **1.19 Rider Apparel**

- a.) Riders must wear helmets at all times when riding, including but not limited to practice sessions, qualifying sessions or while competing on course. Helmets must be of the full face type, conform to one of the following recognized standards, and have a label affixed certifying its approval:
- 1.) USA: Snell ~~M-2005~~ **M2010 or DOT FMVSS 218**
  - 2.) UNITED NATIONS: Regulation ECE 2205 P'
  - 3.) UK: BSI 6658 Type A
  - 4.) Japan: JIS T 8133:2